



City of Tarpon Springs, Florida

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November 14, 2017

To: Mayor, Vice Mayor and Board of Commissioners

From: Mark G. LeCouris, City Manager

Re: Cities Thrive Conference Sponsorship

Commissioner Sieber would like the Board of Commissioners to sponsor someone from Peace 4 Tarpon to go to the Cities Thrive Conference in New York City scheduled for December 4-5, 2017. My recommendation, upon Board Approval, would be to designate a dollar amount for sponsorship. Last years' cost to send a representative was approximately \$1,100.00. A check would be given to Peace 4 Tarpon and they will make all of the arrangements for travel and expenses.

Judy Staley

From: Mark LeCouris
Sent: Monday, November 13, 2017 9:45 AM
To: Judy Staley
Subject: FW: Cities thrive

-----Original Message-----

From: Rea Sieber [mailto:canoerea@gmail.com]
Sent: Friday, November 10, 2017 12:19 PM
To: Mark LeCouris <mlecouris@ctsfl.us>
Subject: Cities thrive

Hi,

I briefly brought this up at the commission meeting. Although they prefer a representative from our board I don't know who would be knowledgeable to go.

I feel that we should still have representation. Peace4Tarpon has really moved forward in this last year and there were so many great contact to be made at that conference last year and a lot to learn from what other cities are doing. With Florida being 50 out of 50 in funding I think here is a movement to do more. Owen Scott is supporting more initiatives and there could be funding available for us. I know you and Banther didn't seem to agree, but I don't feel we should ignore this opportunity.

I'd like to bring it up again at the next meeting and we can make a decision. Robin would be happy to send someone from Peace for Tarpon if we can help sponsor. It ended up costing 600 last year.

Rea

Sent from my iPhone

Rea Sieber

727-641-8012



The First Lady of the City of New York Chirlane McCray and Mayor Bill de Blasio

Cordially invite you to the second annual

Cities Thrive

Mental Health Conference

Bringing people together to build a city-based movement for mental health.

A two-day convening of city leaders to build on the rich experience of each city in promoting mental health wellness for all. The conference will:

- Highlight the role of city government in leading the effort to create a mental health system that works for all.
- Identify, share and spread innovative practices currently underway across cities.
- Provide learning opportunities for those who are interested in improving their system
- Build a network for national action across cities.

December 4th – 5th

New York Law School
185 West Broadway, New York City

[Please RSVP here](#)

For more information, visit our coalition website: www.nyc.gov/citiesthrive
or email us at CitiesThrive@cityhall.nyc.gov



2017 Cities Thrive Conference: from Theory to Action!

New York City is pleased to announce the second annual Cities Thrive Mental Health Leadership Conference.

On December 4-5th, Mayor Bill de Blasio and First Lady Chirlane McCray will bring together our nation's best thinkers to discuss how cities can learn from each other, share best practices, and brainstorm new solutions for responding to our country's mental health crisis. CitiesThrive Coalition grew out of ThriveNYC – an unprecedented commitment to local mental health reform, whose success relies on a city realizing its own power to affect change and break down the silos that prevent access and care. The formation of the CitiesThrive Coalition was announced by NYC First Lady Chirlane McCray in November 2016 and in less than a year, the Coalition has recruited almost 200 mayors, representing all 50 states, to work together on creating a stronger, better funded, and more integrated behavioral health system.

The CitiesThrive Conference will provide a platform for cities to promote behavioral health as a municipal policy priority. By gathering cities, we will identify and solve common challenges through an action oriented framework and build a network of mental health innovators. The conference will highlight the role of government in leading the effort to create an equitable mental health system, identify and share innovative programs currently underway in over 20 cities, and provide learning opportunities for cities who are interested in improving their system.

Conference participants will share best practices and encourage future work through information sharing and networking activities, organized around a framework rooted in ThriveNYC's six principles:

Change the Culture: Stigma and limited knowledge about mental illness are great obstacles to individuals seeking care. This panel will address the ways cities can break the stigma around mental illness and empower everyone to support to a friend, co-worker, or loved one. This panel will discuss opportunities to integrate public mental health strategies into all our systems, including shifting from strictly criminal justice reform to preventative public health solutions.

Act Early: Evidence has shown that early intervention and prevention strategies are some of the best ways to ensure healthy development and long-term mental wellness. This panel will discuss how cities can employ promotion and prevention to build healthy social-emotional skills in their citizens and early intervention methods that address mental health challenges before they become more serious.

Close Treatment Gaps: Too often, city residents lack access to care for many reasons, including financial, cultural, or capacity reasons, and often simply do not know how to get care that is available to them. This can and should be prevented. This panel will highlight ways that cities can redesign their care networks to be able to provide more reliable, effective, and accessible care to all.

Partner with Communities: Communities need to be acknowledged and supported as key allies of the mental health reform movement. Community organizations and networks are also necessary partners for closing treatment gaps and supporting prevention and promotion. Some of the best ambassadors for mental wellness are community leaders, clergy, teachers, and the many, organizations that individuals turn to for their everyday needs. This panel will explore the ways cities can partner with communities to leverage their localized knowledge in creating effective and culturally competent solutions.

Use Data Better: All of our public health victories rely on data that gives us the precision we need to understand, map, target, and achieve clear aims. Using data to better understand mental health challenges and solutions should be no different. This panel will discuss ways cities can identify, evaluate, and share the kind of innovation needed to have data that is up to the task, and to support community partners to use data to test, evaluate, and adapt public health solutions for themselves.

Strengthen Government's Ability to Lead: Municipal governments are in the unique position to be at the forefront of mental health reform. Leaders have the resources and policy-making ability to change their city's approach to mental health for the better and to directly serve their constituents. This panel will answer the following questions: How do we utilize this moment in time to focus on mental health in all our systems? What are some of our barriers and how can we break down silos? What new capabilities, skills, and structures do city governments need to succeed?

Agenda

Monday December 4th, 2016

Breakfast and Registration: 8:00AM
Lunch and Learn: 1:00PM
Closing Remarks: 5:00PM
Networking Reception at Gracie Mansion: 6:00PM

Tuesday December 5th, 2016

Breakfast: 8:00AM
Conference Final Remarks: 12:00PM